TEACHER SELF-CARE CONFERENCE

SELF-CARE+ HAPPINESS+ SEL

50+ AMAZING WORKSHOPS from current educators

Engaging Panels
Disrupt the traditional panels. We're discussing teacher branding and the need for mental health clarity for teachers

PLUS
Master Classes on all topics in education
Conference Notes

From disruptive workshops to out-of-this-world panels, this conference celebrates the need for self-care for teachers.

Experience a revolution on how teachers learn to take care and self-advocate for themselves in the changing face of education.
Address the need for Self-Care. Gain strategies to help teachers practice SEL. Secure Your Happiness.
The Teacher Self-Care Conference 2018 empowers educators—teachers, teacher leaders, and principals—to create their own personalized self-care professional learning experience.

Start with an empowered vision. Hear Keynote Speakers who will relay their stories of self-care into building a reality that will allow you to 'dig deep' with strategies for social-emotional learning and make you nod your head in agreement and a proverbial AMEN (or three)!

Gather new ideas from fellow classroom innovators. Learn how other teachers took their skills from teaching and created an entirely new reality through our all-star line up of Workshop speakers. You'll hear from not only leaders in the classroom—but people who are disrupters to the current hierarchies in education.

Explore unconventional workshop offerings in the midst of the day. It’s especially important for teachers to have time to present current problems in their class and then explore practical solutions at our daily Colleague Circles, where experienced practitioners will share current research, best practices, and actionable ideas in small, interactive sessions that focus on group collaboration and innovative thinking.

Put on your teacher shoes and have fun! Meet up with your team at our unconventional Welcome to Atlanta Mixer or Spirit of Self-Care events late in the evening. These events are spaces for teachers to network with educators from around the country.

FRNACHSCA WARREN  
Event Producer, Teacher Self-Care Conference
Jennifer J. Studzinski
HAPPY TEACHERS: MINDFULNESS & THE ROOT OF TEACHER HAPPINESS
Details at www.teacherswellfare.org

Tara Sales, M.Ed, MAEd
BOSSY IS AS BOSSY DOES: FROM THE CLASSROOM TO THE BOARDROOM
Details at www.teacherswellfare.org

Dr. Alfreda B. Carter
ARE YOU LIVING OR LIMITING YOUR LIFE?
Details at www.teacherswellfare.org

Dr. Lelisa Hill
FIND A WAY OR MAKE A WAY: HOW TEACHERS CAN CREATE THEIR OWN PROFITABLE LEADERSHIP PRESENCE.
Details at www.teacherswellfare.org

LeDonna Selch
MAKING LEARNING FUN THROUGH TECHNOLOGY
Details at www.teacherswellfare.org

Andrea Holyfield
AN EDUCATOR'S GUIDE TO CAREER TRANSITION
Details at www.teacherswellfare.org

Vernetta R. Freeman
DETOXING THE B.S.
Details at www.teacherswellfare.org

Melodre Barnes
STOP DREADING FAMILY COMMUNICATION
Details at www.teacherswellfare.org

Valerie Hill-Jackson
TEACHING WHILE NAKED
Details at www.teacherswellfare.org

Cassandra Washington
TEACH AND TAKE TIME FOR YOU
Details at www.teacherswellfare.org

Dr. Marquita S. Jades
BREAK THE MEDIOCRITY TRAP: LESSONS FROM A MEDIocre TEACHER
Details at www.teacherswellfare.org

Dr. Alfreda B. Carter
ARE YOU LIVING OR LIMITING YOUR LIFE?
Details at www.teacherswellfare.org
A CONFERENCE LIKE NO OTHER

One of the most innovative conferences to attend, The Teacher Self-Care Conference is the premiere event to reclaim your happiness in teaching.

GET PAMPERED

Enjoy complimentary services that help teachers maintain their self-care such as mini manicures, massages, yoga, 1 therapy sessions, among other things. Between sessions, teachers can take time for themselves and enjoy all the special things about life.

MASTER CLASSES

Engage with industry professionals to help you to have the tools to live the best life ever! Whether you’re looking to break into leadership or work with a professional tax professional for your future, we have you covered.

SOCIAL EVENTS THAT ARE FUN

Atlanta offers so many options and for our conference, we are hosting our annual "Welcome to Atlanta" mixers for attendees and presenters to be welcomed to our vibrant city!
Engaging Panels*Read Discussions

IT'S TIME TO TALK

JUNE 15-16, 2018

TEACHER BRANDING 101: CREATING THE LIFE YOU WANT WHILE STILL IN EDUCATION

PANEL JUNE 15, 2018 ATLANTA, GA

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WWW.TEACHERSELF CARE.ORG

TALKING ABOUT THE SHAME: MENTAL HEALTH AND TEACHING

PANEL JUNE 16, 2018 ATLANTA, GA

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WWW.TEACHERSELF CARE.ORG
MASTER CLASSES

Over the course of two days, there will be special two-day master classes on topics ranging from school leadership to entrepreneurship for teachers. Each Master Class is 2.5 hours long and gives participants the chance to learn deeply about topics they need.

I. Mission Possible: Eliminating the Stressors of School Leadership

II. Funding Your Dream: Social Entrepreneurship for Teachers

III. Planning Your Financial Future for Retirement

IV. Therapy ROCKS: Finding Your Inner Peace After a Horrible Year

V. Instructional Coaching With a Purpose

VI. Grooming Yourself to Move Into Leadership